

ABSTRACT OF DISCLOSURE

5 A cold weather breathing device that protects the face including the mouth and
nostril area from direct exposure to the external environment, prevents a user's goggles
from fogging in cold environments, and keeps moist exhaled breath away from the user's
face. In a preferred embodiment, the device is configured to provide separate breathing
channels for exhaled air from the mouth and nose. To promote ease of cleaning, the
breathing device can be attached to a head garment with a simple interlocking design that
allows its removal and separate cleaning. The breathing device provides a
nose-channel-forming member and mouth disc that are mounted on the head garment and
10 inset into a mouth-channel-forming member which is thus attached to the head garment.

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